

## T-Test

### Notes

|                        |  |  |
|------------------------|--|--|
| Output Created         | 10-NOV-2023 14:40:55   |  |
| Comments               |  |  |
| Input                  | Data   | E:\Radó\Adattábla.sav  |
|                        | Active Dataset   | DataSet1   |
|                        | Filter   | <none>   |
|                        | Weight   | <none>   |
|                        | Split File   | <none>   |
|                        | N of Rows in Working Data File   | 202  |
| Missing Value Handling | Definition of Missing  | User defined missing values are treated as missing.  |
|                        | Cases Used   | Statistics for each analysis are based on the cases with no missing or out-of-range data for any variable in the analysis. |
| Syntax                 | T-TEST<br>GROUPS=Merkozeshelyszin(1 2)<br>/MISSING=ANALYSIS<br>/VARIABLES=Össztávm<br>Közepesintenzitásúfutás<br>144198kmhm<br>Magasintfutás198252kmhm<br>Sprintfutás252kmhfelettm<br>Maxsebességkmh<br>Méterperc<br>NagyintenzitásúGYORSULÁSdb<br>NagyintenzitásúLASSULÁSdb<br>ExplosiveEffortsdb<br>TotalPlayerLoad<br>PlayerLoadperc<br>@1.Össztávm |  |

|           |                |   |
|-----------|----------------|---|
|           |                | @1.Közepesintenzitásúf<br>utás144198kmhm<br>@1.Magasintfutás19825<br>2kmhm<br>@1.Sprintfutás252kmhfe<br>lettm<br>@1.Maxsebességkmh<br>@1.Méterperc<br>@1.NagyintenzitásúGY<br>ORSULÁSdb<br>@1.NagyintenzitásúLAS<br>SULÁSdb<br>@1.ExplosiveEffortsdb<br>@1.TotalPlayerLoad<br>@1.PlayerLoadperc<br>@2.Össztáv<br>@2.Közepesintenzitásúf<br>utás144198kmhm<br>@2.Magasintfutás19825<br>2kmhm<br>@2.Sprintfutás252kmhfe<br>lettm<br>@2.Maxsebességkmh<br>@2.Méterperc<br>@2.NagyintenzitásúGY<br>ORSULÁSdb<br>@2.NagyintenzitásúLAS<br>SULÁSdb<br>@2.ExplosiveEffortsdb<br>@2.TotalPlayerLoad<br>@2.PlayerLoadperc<br>/ES DISPLAY(TRUE)<br>/CRITERIA=CI(.95). |
| Resources | Processor Time | 00:00:00,09   |
|           | Elapsed Time   | 00:00:00,08   |

### Group Statistics

|  | Merkozes helyszin | N   | Mean     | Std. Deviation | Std. Error Mean |
|--|-------------------|-----|----------|----------------|-----------------|
| Össztáv (m)                                  | Hazai             | 105 | 10079,87 | 780,608        | 76,180          |
|  | Vendég            | 96  | 10218,19 | 735,519        | 75,069          |
| Közepes intenzitású futás 14,4-19,8 km/h (m) | Hazai             | 105 | 1340,94  | 279,113        | 27,239          |
|  | Vendég            | 96  | 1362,57  | 256,239        | 26,152          |
| Magas int futás 19,8-                        | Hazai             | 105 | 457,12   | 135,039        | 13,178          |

|  |        |     |         |         |        |
|--|--------|-----|---------|---------|--------|
| 25,2 km/h (m)  | Vendég | 96  | 469,99  | 135,486 | 13,828 |
| Sprint futás 25,2 km/h felett (m)                        | Hazai  | 105 | 111,84  | 67,455  | 6,583  |
|  | Vendég | 96  | 108,85  | 66,839  | 6,822  |
| Max sebesség (km/h)                                      | Hazai  | 105 | 29,43   | 1,771   | ,173   |
|  | Vendég | 96  | 29,29   | 1,586   | ,162   |
| Méter/perc   | Hazai  | 105 | 106,52  | 7,826   | ,764   |
|  | Vendég | 96  | 105,78  | 7,646   | ,780   |
| Nagy intenzitású GYORSULÁS (db)                          | Hazai  | 105 | 10,42   | 4,733   | ,462   |
|  | Vendég | 96  | 11,17   | 4,126   | ,421   |
| Nagy intenzitású LASSULÁS (db)                           | Hazai  | 105 | 4,82    | 2,601   | ,254   |
|  | Vendég | 96  | 5,49    | 3,095   | ,316   |
| Explosive Efforts (db)                                   | Hazai  | 105 | 28,92   | 9,802   | ,957   |
|  | Vendég | 96  | 31,97   | 9,043   | ,923   |
| Total Player Load  | Hazai  | 105 | 997,28  | 118,349 | 11,550 |
|  | Vendég | 96  | 1030,06 | 122,733 | 12,526 |
| Player Load / perc                                       | Hazai  | 105 | 10,54   | 1,265   | ,123   |
|  | Vendég | 96  | 10,66   | 1,284   | ,131   |
| Össztáv (m) Első félidő                                  | Hazai  | 105 | 5126,69 | 374,886 | 36,585 |
|  | Vendég | 95  | 5140,57 | 396,427 | 40,673 |
| Közepes intenzitású futás 14,4-19,8 km/h (m) Első félidő | Hazai  | 105 | 690,78  | 163,285 | 15,935 |
|  | Vendég | 96  | 708,24  | 150,382 | 15,348 |
| 1. Magas int futás 19,8-25,2 km/h (m) Első félidő        | Hazai  | 105 | 230,97  | 76,787  | 7,494  |
|  | Vendég | 96  | 250,24  | 83,342  | 8,506  |
| 1. Sprint futás 25,2 km/h felett (m) Első félidő         | Hazai  | 105 | 59,10   | 40,870  | 3,988  |
|  | Vendég | 96  | 60,64   | 42,568  | 4,345  |
| 1. Max sebesség (km/h) Első félidő                       | Hazai  | 105 | 28,77   | 1,916   | ,187   |
|  | Vendég | 96  | 28,82   | 1,707   | ,174   |
| 1. Méter/perc Első félidő                                | Hazai  | 105 | 111,86  | 8,526   | ,832   |
|  | Vendég | 96  | 109,22  | 8,567   | ,874   |
| 1. Nagy intenzitású GYORSULÁS (db) Első félidő           | Hazai  | 105 | 5,09    | 2,808   | ,274   |
|  | Vendég | 96  | 5,23    | 2,532   | ,258   |
| 1. Nagy intenzitású LASSULÁS (db) Első félidő            | Hazai  | 105 | 2,39    | 1,827   | ,178   |
|  | Vendég | 96  | 2,80    | 1,998   | ,204   |
| 1. Explosive Efforts (db) Első félidő                    | Hazai  | 105 | 14,52   | 5,780   | ,564   |
|  | Vendég | 96  | 15,71   | 5,559   | ,567   |
| 1. Total Player Load Első félidő                         | Hazai  | 105 | 511,07  | 61,814  | 6,032  |
|  | Vendég | 96  | 520,69  | 66,607  | 6,798  |
| 1. Player Load / perc Első félidő                        | Hazai  | 105 | 11,20   | 1,377   | ,134   |
|  | Vendég | 96  | 11,07   | 1,417   | ,145   |

|  |        |     |         |         |        |
|--|--------|-----|---------|---------|--------|
| 2. Össztáv (m) Második félidő                                  | Hazai  | 105 | 4953,22 | 522,152 | 50,957 |
|  | Vendég | 96  | 5077,43 | 382,077 | 38,996 |
| 2. Közepes intenzitású futás 14,4-19,8 km/h (m) Második félidő | Hazai  | 105 | 650,06  | 150,687 | 14,706 |
|  | Vendég | 96  | 654,33  | 133,234 | 13,598 |
| 2. Magas int futás 19,8-25,2 km/h (m) Második félidő           | Hazai  | 105 | 226,15  | 75,291  | 7,348  |
|  | Vendég | 96  | 219,75  | 70,202  | 7,165  |
| 2. Sprint futás 25,2 km/h felett (m) Második félidő            | Hazai  | 105 | 52,74   | 40,201  | 3,923  |
|  | Vendég | 96  | 48,21   | 37,626  | 3,840  |
| 2. Max sebesség (km/h) Második félidő                          | Hazai  | 105 | 28,32   | 1,928   | ,188   |
|  | Vendég | 96  | 28,29   | 1,855   | ,189   |
| 2. Méter/perc Második félidő                                   | Hazai  | 105 | 102,89  | 8,126   | ,793   |
|  | Vendég | 96  | 103,89  | 9,304   | ,950   |
| 2. Nagy intenzitású GYORSULÁS (db) Második félidő              | Hazai  | 105 | 5,33    | 3,002   | ,293   |
|  | Vendég | 96  | 5,94    | 2,908   | ,297   |
| 2. Nagy intenzitású LASSULÁS (db) Második félidő               | Hazai  | 105 | 2,43    | 1,486   | ,145   |
|  | Vendég | 96  | 2,69    | 2,059   | ,210   |
| 2. Explosive Efforts (db) Második félidő                       | Hazai  | 105 | 14,40   | 5,646   | ,551   |
|  | Vendég | 96  | 16,26   | 5,522   | ,564   |
| 2. Total Player Load Második félidő                            | Hazai  | 105 | 486,21  | 67,549  | 6,592  |
|  | Vendég | 96  | 509,37  | 60,629  | 6,188  |
| 2. Player Load / perc Második félidő                           | Hazai  | 105 | 10,13   | 1,220   | ,119   |
|  | Vendég | 96  | 10,45   | 1,377   | ,141   |

### Independent Samples Test

|             |                         | Levene's Test for Equality of Variances |      | t-test for Equality of Means |         |                           |                           |                 |                       |   |        |
|-------------|-------------------------|---|------|------------------------------|---------|---------------------------|---------------------------|-----------------|-----------------------|---|--------|
|             |                         | F                                       | Sig. | t                            | df      | Significance One-Side d p | Significance Two-Side d p | Mean Difference | Std. Error Difference | 95% Confidence Interval of the Difference |        |
|             |                         |   |      |                              |         |                           |                           |                 |                       | Lower                                     | Upper  |
| Össztáv (m) | Equal variances assumed | ,010                                    | ,919 | -1,290                       | 199     | ,099                      | ,199                      | -138,329        | 107,238               | -349,797                                  | 73,140 |
|             | Equal variances not     |   |      | -1,293                       | 198,814 | ,099                      | ,197                      | -138,329        | 106,951               | -349,233                                  | 72,576 |

|  | assumed                     |       |      |           |         |      |          |        |          |          |        |
|--|-----------------------------|-------|------|-----------|---------|------|----------|--------|----------|----------|--------|
| Közepes intenzitású futás 14,4-19,8 km/h (m) | Equal variances assumed     | ,536  | ,465 | - 199,571 | ,284    | ,569 | - 21,632 | 37,906 | - 96,381 | 53,118   |        |
|  | Equal variances not assumed |       |      | - 198,573 | ,284    | ,567 | - 21,632 | 37,761 | - 96,094 | 52,831   |        |
| Magas int futás 19,8-25,2 km/h (m)           | Equal variances assumed     | ,000  | ,997 | - 199,674 | ,251    | ,501 | - 12,866 | 19,099 | - 50,528 | 24,797   |        |
|  | Equal variances not assumed |       |      | - 197,674 | ,251    | ,501 | - 12,866 | 19,102 | - 50,536 | 24,805   |        |
| Sprint futás 25,2 km/h felett (m)            | Equal variances assumed     | ,220  | ,639 | ,316      | 199     | ,376 | ,753     | 2,994  | 9,484    | - 15,708 | 21,696 |
|  | Equal variances not assumed |       |      | ,316      | 197,705 | ,376 | ,752     | 2,994  | 9,480    | - 15,701 | 21,689 |
| Max sebesség (km/h)                          | Equal variances assumed     | ,241  | ,624 | ,563      | 199     | ,287 | ,574     | ,134   | ,238     | - ,335   | ,603   |
|  | Equal variances not assumed |       |      | ,565      | 198,915 | ,286 | ,572     | ,134   | ,237     | - ,333   | ,601   |
| Méter/perc                                   | Equal variances assumed     | ,007  | ,934 | ,673      | 199     | ,251 | ,501     | ,736   | 1,093    | -1,419   | 2,892  |
|  | Equal variances not assumed |       |      | ,674      | 198,116 | ,250 | ,501     | ,736   | 1,092    | -1,417   | 2,889  |
| Nagy intenzitású GYORSULÁS (db)              | Equal variances assumed     | 2,056 | ,153 | - 1,189   | 199     | ,118 | ,236     | - ,748 | ,629     | -1,988   | ,493   |
|  | Equal variances not assumed |       |      | - 1,196   | 198,562 | ,117 | ,233     | - ,748 | ,625     | -1,980   | ,485   |
| Nagy intenzitású                             | Equal variances             | 2,996 | ,085 | - 1,66    | 199     | ,048 | ,097     | - ,671 | ,402     | -1,463   | ,122   |

|  |                                      |       |      |                     |      |      |              |            |               |            |      |
|--|--------------------------------------|-------|------|---------------------|------|------|--------------|------------|---------------|------------|------|
| LASSULÁS<br>(db)   | assumed                              |       |      | 8                   |      |      |              |            |               |            |      |
|  | Equal<br>variances<br>not<br>assumed |       |      | - 186,<br>1,65<br>5 | 329  | ,050 | ,100         | -,671      | ,405          | -1,470     | ,129 |
| Explosive<br>Efforts (db)  | Equal<br>variances<br>assumed        | 1,450 | ,230 | - 199,<br>2,28<br>3 | ,012 | ,024 | -3,045       | 1,334      | -5,676        | -414       |      |
|  | Equal<br>variances<br>not<br>assumed |       |      | - 198,<br>2,29<br>1 | ,012 | ,023 | -3,045       | 1,329      | -5,666        | -424       |      |
| Total<br>Player<br>Load  | Equal<br>variances<br>assumed        | ,005  | ,945 | - 199,<br>1,92<br>7 | ,028 | ,055 | - 32,78<br>1 | 17,01<br>0 | - 66,32<br>5  | ,763       |      |
|  | Equal<br>variances<br>not<br>assumed |       |      | - 195,<br>1,92<br>4 | ,028 | ,056 | - 32,78<br>1 | 17,03<br>8 | - 66,38<br>3  | ,821       |      |
| Player<br>Load / perc  | Equal<br>variances<br>assumed        | ,023  | ,881 | - 199,<br>,659      | ,255 | ,510 | -,119        | ,180       | -,473         | ,236       |      |
|  | Equal<br>variances<br>not<br>assumed |       |      | - 196,<br>,659      | ,255 | ,511 | -,119        | ,180       | -,474         | ,236       |      |
| Össztáv<br>(m) Első<br>félidő  | Equal<br>variances<br>assumed        | ,013  | ,910 | - 198,<br>,254      | ,400 | ,799 | - 13,88<br>0 | 54,55<br>3 | - 121,4<br>59 | 93,69<br>9 |      |
|  | Equal<br>variances<br>not<br>assumed |       |      | - 193,<br>,254      | ,400 | ,800 | - 13,88<br>0 | 54,70<br>6 | - 121,7<br>77 | 94,01<br>7 |      |
| Közepes<br>intenzitású<br>futás 14,4-<br>19,8 km/h<br>(m) Első<br>félidő | Equal<br>variances<br>assumed        | ,439  | ,508 | - 199,<br>,786      | ,216 | ,433 | - 17,45<br>8 | 22,20<br>6 | - 61,24<br>9  | 26,33<br>2 |      |
|  | Equal<br>variances<br>not<br>assumed |       |      | - 198,<br>,789      | ,215 | ,431 | - 17,45<br>8 | 22,12<br>5 | - 61,08<br>7  | 26,17<br>0 |      |
| 1. Magas<br>int futás<br>19,8-25,2<br>km/h (m)<br>Első félidő            | Equal<br>variances<br>assumed        | ,257  | ,613 | - 199,<br>1,70<br>6 | ,045 | ,090 | - 19,27<br>1 | 11,29<br>4 | - 41,54<br>3  | 3,001      |      |
|  | Equal<br>variances                   |       |      | - 193,<br>1,70      | ,045 | ,091 | - 19,27      | 11,33<br>6 | - 41,62       | 3,088      |      |

|  |                             |       |      |            |         |      |        |       |          |        |       |
|--|-----------------------------|-------|------|------------|---------|------|--------|-------|----------|--------|-------|
|  | not assumed                 |       |      | 0          |         |      |        | 1     |          | 9      |       |
| 1. Sprint futás 25,2 km/h felett (m) Első félidő | Equal variances assumed     | ,241  | ,624 | - 199,260  | ,398    | ,795 | -1,532 | 5,887 | - 13,140 | 10,077 |       |
|  | Equal variances not assumed |       |      | - 195,260  | ,398    | ,795 | -1,532 | 5,898 | - 13,163 | 10,100 |       |
| 1. Max sebesség (km/h) Első félidő               | Equal variances assumed     | 2,198 | ,140 | - 199,173  | ,431    | ,863 | -,044  | ,257  | -,551    | ,462   |       |
|  | Equal variances not assumed |       |      | - 198,174  | ,431    | ,862 | -,044  | ,256  | -,548    | ,459   |       |
| 1. Méter/perc Első félidő                        | Equal variances assumed     | ,025  | ,874 | 2,180      | 199,015 | ,030 | 2,630  | 1,207 | ,251     | 5,010  |       |
|  | Equal variances not assumed |       |      | 2,179      | 197,227 | ,015 | ,031   | 2,630 | 1,207    | ,250   | 5,010 |
| 1. Nagy intenzitású GYORSULÁS (db) Első félidő   | Equal variances assumed     | 1,927 | ,167 | - 199,379  | ,353    | ,705 | -,143  | ,378  | -,890    | ,603   |       |
|  | Equal variances not assumed |       |      | - 198,381  | ,352    | ,704 | -,143  | ,377  | -,886    | ,599   |       |
| 1. Nagy intenzitású LASSULÁS (db) Első félidő    | Equal variances assumed     | ,518  | ,473 | - 199,1526 | ,064    | ,129 | -,412  | ,270  | -,944    | ,120   |       |
|  | Equal variances not assumed |       |      | - 192,1520 | ,065    | ,130 | -,412  | ,271  | -,946    | ,123   |       |
| 1. Explosive Efforts (db) Első félidő            | Equal variances assumed     | ,268  | ,605 | - 199,1478 | ,070    | ,141 | -1,185 | ,801  | -2,765   | ,396   |       |
|  | Equal variances not assumed |       |      | - 198,1481 | ,070    | ,140 | -1,185 | ,800  | -2,762   | ,393   |       |
| 1. Total   | Equal                       | ,227  | ,634 | - 199      | ,145    | ,289 | -9,625 | 9,058 | -        | 8,237  |       |

|  |                             |       |      |        |         |      |      |          |        |          |        |
|--|-----------------------------|-------|------|--------|---------|------|------|----------|--------|----------|--------|
| Player Load Első félidő  | variances assumed           |       |      | 1,063  |         |      |      |          |        | 27,488   |        |
|  | Equal variances not assumed |       |      | -1,059 | 193,769 | ,145 | ,291 | -9,625   | 9,089  | -27,551  | 8,300  |
| 1. Player Load / perc Első félidő                              | Equal variances assumed     | ,456  | ,500 | ,676   | 199     | ,250 | ,500 | ,133     | ,197   | -,256    | ,522   |
|  | Equal variances not assumed |       |      | ,675   | 196,234 | ,250 | ,501 | ,133     | ,197   | -,256    | ,523   |
| 2. Össztáv (m) Második félidő                                  | Equal variances assumed     | 2,417 | ,122 | -1,910 | 199     | ,029 | ,058 | -124,210 | 65,045 | -252,477 | 4,057  |
|  | Equal variances not assumed |       |      | -1,936 | 190,104 | ,027 | ,054 | -124,210 | 64,166 | -250,779 | 2,358  |
| 2. Közepes intenzitású futás 14,4-19,8 km/h (m) Második félidő | Equal variances assumed     | ,334  | ,564 | -,212  | 199     | ,416 | ,832 | -4,268   | 20,140 | -43,983  | 35,446 |
|  | Equal variances not assumed |       |      | -,213  | 198,784 | ,416 | ,831 | -4,268   | 20,029 | -43,765  | 35,228 |
| 2. Magas int futás 19,8-25,2 km/h (m) Második félidő           | Equal variances assumed     | 1,425 | ,234 | ,622   | 199     | ,267 | ,535 | 6,405    | 10,295 | -13,896  | 26,706 |
|  | Equal variances not assumed |       |      | ,624   | 198,920 | ,267 | ,533 | 6,405    | 10,263 | -13,833  | 26,643 |
| 2. Sprint futás 25,2 km/h felett (m) Második félidő            | Equal variances assumed     | ,906  | ,342 | ,822   | 199     | ,206 | ,412 | 4,525    | 5,506  | -6,333   | 15,383 |
|  | Equal variances not assumed |       |      | ,824   | 198,887 | ,205 | ,411 | 4,525    | 5,490  | -6,301   | 15,351 |
| 2. Max sebesség (km/h) Második                                 | Equal variances assumed     | ,029  | ,865 | ,101   | 199     | ,460 | ,919 | ,027     | ,267   | -,500    | ,554   |
|  | Equal                       |       |      | ,102   | 198,    | ,460 | ,919 | ,027     | ,267   | -,499    | ,554   |



|   |                             |       |      |         |         |      |      |          |       |          |        |  |
|---|-----------------------------|-------|------|---------|---------|------|------|----------|-------|----------|--------|--|
| félidő  | variances not assumed       |       |      |         | 468     |      |      |          |       |          |        |  |
| 2. Méter/perc Második félidő                      | Equal variances assumed     | 1,571 | ,211 | - ,813  | 199     | ,209 | ,417 | -1,000   | 1,230 | -3,425   | 1,425  |  |
|   | Equal variances not assumed |       |      | - ,808  | 189,513 | ,210 | ,420 | -1,000   | 1,237 | -3,440   | 1,441  |  |
| 2. Nagy intenzitású GYORSULÁS (db) Második félidő | Equal variances assumed     | ,053  | ,819 | - 1,447 | 199     | ,075 | ,150 | -,604    | ,418  | -1,428   | ,219   |  |
|   | Equal variances not assumed |       |      | - 1,449 | 198,324 | ,075 | ,149 | -,604    | ,417  | -1,427   | ,218   |  |
| 2. Nagy intenzitású LASSULÁS (db) Második félidő  | Equal variances assumed     | 6,152 | ,014 | - 1,029 | 199     | ,152 | ,305 | -,259    | ,252  | -,755    | ,237   |  |
|   | Equal variances not assumed |       |      | - 1,014 | 171,529 | ,156 | ,312 | -,259    | ,255  | -,763    | ,245   |  |
| 2. Explosive Efforts (db) Második félidő          | Equal variances assumed     | ,090  | ,764 | - 2,358 | 199     | ,010 | ,019 | -1,860   | ,789  | -3,416   | -,305  |  |
|   | Equal variances not assumed |       |      | - 2,360 | 198,088 | ,010 | ,019 | -1,860   | ,788  | -3,415   | -,306  |  |
| 2. Total Player Load Második félidő               | Equal variances assumed     | ,432  | ,512 | - 2,549 | 199     | ,006 | ,012 | - 23,156 | 9,085 | - 41,071 | -5,240 |  |
|   | Equal variances not assumed |       |      | - 2,561 | 198,936 | ,006 | ,011 | - 23,156 | 9,041 | - 40,985 | -5,326 |  |
| 2. Player Load / perc Második félidő              | Equal variances assumed     | ,741  | ,390 | - 1,753 | 199     | ,041 | ,081 | -,321    | ,183  | -,683    | ,040   |  |
|   | Equal variances not assumed |       |      | - 1,744 | 190,612 | ,041 | ,083 | -,321    | ,184  | -,685    | ,042   |  |

## Independent Samples Effect Sizes

|  |                    | Standardizer<br><sup>a</sup> | Point<br>Estimate | 95% Confidence<br>Interval |       |
|--|--------------------|------------------------------|-------------------|----------------------------|-------|
|  |                    |                              |                   | Lower                      | Upper |
| Össztáv (m)                                  | Cohen's d          | 759,417                      | -,182             | -,459                      | ,095  |
|  | Hedges' correction | 762,294                      | -,181             | -,458                      | ,095  |
|  | Glass's delta      | 735,519                      | -,188             | -,466                      | ,090  |
| Közepes intenzitású futás 14,4-19,8 km/h (m) | Cohen's d          | 268,437                      | -,081             | -,357                      | ,196  |
|  | Hedges' correction | 269,454                      | -,080             | -,356                      | ,196  |
|  | Glass's delta      | 256,239                      | -,084             | -,361                      | ,193  |
| Magas int futás 19,8-25,2 km/h (m)           | Cohen's d          | 135,252                      | -,095             | -,372                      | ,182  |
|  | Hedges' correction | 135,765                      | -,095             | -,371                      | ,181  |
|  | Glass's delta      | 135,486                      | -,095             | -,372                      | ,182  |
| Sprint futás 25,2 km/h felett (m)            | Cohen's d          | 67,161                       | ,045              | -,232                      | ,321  |
|  | Hedges' correction | 67,416                       | ,044              | -,231                      | ,320  |
|  | Glass's delta      | 66,839                       | ,045              | -,232                      | ,322  |
| Max sebesség (km/h)                          | Cohen's d          | 1,685                        | ,079              | -,198                      | ,356  |
|  | Hedges' correction | 1,692                        | ,079              | -,197                      | ,355  |
|  | Glass's delta      | 1,586                        | ,084              | -,193                      | ,361  |
| Méter/perc                                   | Cohen's d          | 7,740                        | ,095              | -,182                      | ,372  |
|  | Hedges' correction | 7,770                        | ,095              | -,181                      | ,371  |
|  | Glass's delta      | 7,646                        | ,096              | -,181                      | ,373  |
| Nagy intenzitású GYORSULÁS (db)              | Cohen's d          | 4,453                        | -,168             | -,445                      | ,110  |
|  | Hedges' correction | 4,470                        | -,167             | -,443                      | ,109  |
|  | Glass's delta      | 4,126                        | -,181             | -,459                      | ,097  |
| Nagy intenzitású LASSULÁS (db)               | Cohen's d          | 2,848                        | -,235             | -,513                      | ,043  |
|  | Hedges' correction | 2,858                        | -,235             | -,511                      | ,042  |
|  | Glass's delta      | 3,095                        | -,217             | -,495                      | ,062  |
| Explosive Efforts (db)                       | Cohen's d          | 9,447                        | -,322             | -,600                      | -,043 |
|  | Hedges' correction | 9,483                        | -,321             | -,598                      | -,043 |
|  | Glass's delta      | 9,043                        | -,337             | -,617                      | -,055 |
| Total Player Load                            | Cohen's d          | 120,462                      | -,272             | -,550                      | ,006  |
|  | Hedges'            | 120,918                      | -,271             | -,548                      | ,006  |

|  |                    |         |       |       |      |
|--|--------------------|---------|-------|-------|------|
|  | correction         |         |       |       |      |
|  | Glass's delta      | 122,733 | -,267 | -,546 | ,013 |
| Player Load / perc                                       | Cohen's d          | 1,274   | -,093 | -,370 | ,184 |
|  | Hedges' correction | 1,279   | -,093 | -,369 | ,183 |
|  | Glass's delta      | 1,284   | -,092 | -,369 | ,185 |
| Össztáv (m) Első félidő                                  | Cohen's d          | 385,263 | -,036 | -,314 | ,242 |
|  | Hedges' correction | 386,730 | -,036 | -,312 | ,241 |
|  | Glass's delta      | 396,427 | -,035 | -,312 | ,243 |
| Közepes intenzitású futás 14,4-19,8 km/h (m) Első félidő | Cohen's d          | 157,258 | -,111 | -,388 | ,166 |
|  | Hedges' correction | 157,854 | -,111 | -,386 | ,165 |
|  | Glass's delta      | 150,382 | -,116 | -,393 | ,161 |
| 1. Magas int futás 19,8-25,2 km/h (m) Első félidő        | Cohen's d          | 79,983  | -,241 | -,518 | ,037 |
|  | Hedges' correction | 80,286  | -,240 | -,516 | ,037 |
|  | Glass's delta      | 83,342  | -,231 | -,509 | ,048 |
| 1. Sprint futás 25,2 km/h felett (m) Első félidő         | Cohen's d          | 41,689  | -,037 | -,313 | ,240 |
|  | Hedges' correction | 41,847  | -,037 | -,312 | ,239 |
|  | Glass's delta      | 42,568  | -,036 | -,313 | ,241 |
| 1. Max sebesség (km/h) Első félidő                       | Cohen's d          | 1,819   | -,024 | -,301 | ,252 |
|  | Hedges' correction | 1,826   | -,024 | -,300 | ,251 |
|  | Glass's delta      | 1,707   | -,026 | -,303 | ,251 |
| 1. Méter/perc Első félidő                                | Cohen's d          | 8,546   | ,308  | ,029  | ,586 |
|  | Hedges' correction | 8,578   | ,307  | ,029  | ,584 |
|  | Glass's delta      | 8,567   | ,307  | ,026  | ,586 |
| 1. Nagy intenzitású GYORSULÁS (db) Első félidő           | Cohen's d          | 2,680   | -,054 | -,330 | ,223 |
|  | Hedges' correction | 2,690   | -,053 | -,329 | ,223 |
|  | Glass's delta      | 2,532   | -,057 | -,333 | ,220 |
| 1. Nagy intenzitású LASSULÁS (db) Első félidő            | Cohen's d          | 1,910   | -,215 | -,493 | ,062 |
|  | Hedges' correction | 1,918   | -,215 | -,491 | ,062 |
|  | Glass's delta      | 1,998   | -,206 | -,484 | ,073 |
| 1. Explosive Efforts (db) Első félidő                    | Cohen's d          | 5,675   | -,209 | -,486 | ,069 |
|  | Hedges' correction | 5,697   | -,208 | -,484 | ,069 |
|  | Glass's delta      | 5,559   | -,213 | -,491 | ,066 |
| 1. Total Player Load                                     | Cohen's d          | 64,147  | -,150 | -,427 | ,127 |

|  |                    |         |       |       |       |
|--|--------------------|---------|-------|-------|-------|
| Első félidő  | Hedges' correction | 64,390  | -,149 | -,425 | ,127  |
|  | Glass's delta      | 66,607  | -,145 | -,422 | ,133  |
| 1. Player Load / perc  | Cohen's d          | 1,396   | ,095  | -,182 | ,372  |
| Első félidő  | Hedges' correction | 1,402   | ,095  | -,181 | ,371  |
|  | Glass's delta      | 1,417   | ,094  | -,183 | ,371  |
| 2. Össztáv (m) Második félidő                                  | Cohen's d          | 460,626 | -,270 | -,547 | ,009  |
|  | Hedges' correction | 462,372 | -,269 | -,545 | ,009  |
|  | Glass's delta      | 382,077 | -,325 | -,605 | -,044 |
| 2. Közepes intenzitású futás 14,4-19,8 km/h (m) Második félidő | Cohen's d          | 142,622 | -,030 | -,307 | ,247  |
|  | Hedges' correction | 143,162 | -,030 | -,306 | ,246  |
|  | Glass's delta      | 133,234 | -,032 | -,309 | ,245  |
| 2. Magas int futás 19,8-25,2 km/h (m) Második félidő           | Cohen's d          | 72,906  | ,088  | -,189 | ,365  |
|  | Hedges' correction | 73,182  | ,088  | -,188 | ,363  |
|  | Glass's delta      | 70,202  | ,091  | -,186 | ,368  |
| 2. Sprint futás 25,2 km/h felett (m) Második félidő            | Cohen's d          | 38,993  | ,116  | -,161 | ,393  |
|  | Hedges' correction | 39,141  | ,116  | -,160 | ,391  |
|  | Glass's delta      | 37,626  | ,120  | -,157 | ,397  |
| 2. Max sebesség (km/h) Második félidő                          | Cohen's d          | 1,894   | ,014  | -,262 | ,291  |
|  | Hedges' correction | 1,901   | ,014  | -,261 | ,290  |
|  | Glass's delta      | 1,855   | ,015  | -,262 | ,291  |
| 2. Méter/perc Második félidő                                   | Cohen's d          | 8,709   | -,115 | -,392 | ,162  |
|  | Hedges' correction | 8,742   | -,114 | -,390 | ,162  |
|  | Glass's delta      | 9,304   | -,107 | -,384 | ,170  |
| 2. Nagy intenzitású GYORSULÁS (db) Második félidő              | Cohen's d          | 2,958   | -,204 | -,482 | ,073  |
|  | Hedges' correction | 2,969   | -,203 | -,480 | ,073  |
|  | Glass's delta      | 2,908   | -,208 | -,486 | ,071  |
| 2. Nagy intenzitású LASSULÁS (db) Második félidő               | Cohen's d          | 1,783   | -,145 | -,422 | ,132  |
|  | Hedges' correction | 1,789   | -,145 | -,421 | ,132  |
|  | Glass's delta      | 2,059   | -,126 | -,403 | ,152  |
| 2. Explosive Efforts (db) Második félidő                       | Cohen's d          | 5,587   | -,333 | -,611 | -,054 |
|  | Hedges' correction | 5,608   | -,332 | -,609 | -,054 |
|  | Glass's delta      | 5,522   | -,337 | -,617 | -,055 |

|   |                    |        |       |       |       |
|---|--------------------|--------|-------|-------|-------|
| 2. Total Player Load<br>Második félidő  | Cohen's d          | 64,339 | -,360 | -,638 | -,080 |
|   | Hedges' correction | 64,583 | -,359 | -,636 | -,080 |
|   | Glass's delta      | 60,629 | -,382 | -,663 | -,099 |
| 2. Player Load / perc<br>Második félidő | Cohen's d          | 1,298  | -,248 | -,525 | ,031  |
|   | Hedges' correction | 1,303  | -,247 | -,523 | ,030  |
|   | Glass's delta      | 1,377  | -,233 | -,511 | ,046  |

a. The denominator used in estimating the effect sizes.

Cohen's d uses the pooled standard deviation.

Hedges' correction uses the pooled standard deviation, plus a correction factor.

Glass's delta uses the sample standard deviation of the control (i.e., the second) group.